

EXHIBIT A

DIAGNOSTIC AND STATISTICAL MANUAL OF MENTAL DISORDERS

FOURTH EDITION

TEXT REVISION

DSM-IV-TR[®]



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Use of the Manual

Fourth Revision, Clinical
the official coding system
of Health Problems, Tenth
edition, this appendix con-
tains codes.

Many of Culture-Bound
the first provides an out-
line systematically evalu-
ated context. The second is

names of the advisers
actions that contributed

and lists the names of

DSM-IV-TR Classification

NOS = Not Otherwise Specified.

An x appearing in a diagnostic code in-
dicates that a specific code number is re-
quired.

An ellipsis (. . .) is used in the names of
certain disorders to indicate that the
name of a specific mental disorder or
general medical condition should be
inserted when recording the name
(e.g., 293.0 Delirium Due to Hypothy-
roidism).

Numbers in parentheses are page num-
bers.

If criteria are currently met, one of the
following severity specifiers may be
noted after the diagnosis:

Mild
Moderate
Severe

If criteria are no longer met, one of the
following specifiers may be noted:

In Partial Remission
In Full Remission
Prior History

Disorders Usually First Diagnosed in Infancy, Childhood, or Adolescence (39)

MENTAL RETARDATION (41)

Note: These are coded on Axis II.

- 317 Mild Mental Retardation (43)
- 318.0 Moderate Mental Retardation (43)
- 318.1 Severe Mental Retardation (43)
- 318.2 Profound Mental Retardation (44)
- 319 Mental Retardation, Severity Unspecified (44)

LEARNING DISORDERS (49)

- 315.00 Reading Disorder (51)
- 315.1 Mathematics Disorder (53)
- 315.2 Disorder of Written Expression (54)
- 315.9 Learning Disorder NOS (56)

MOTOR SKILLS DISORDER (56)

- 315.4 Developmental Coordination Disorder (56)

COMMUNICATION DISORDERS (58)

- 315.31 Expressive Language Disorder (58)
- 315.32 Mixed Receptive-Expressive Language Disorder (62)
- 315.39 Phonological Disorder (65)
- 307.0 Stuttering (67)
- 307.9 Communication Disorder NOS (69)

PERVASIVE DEVELOPMENTAL DISORDERS (69)

- 299.00 Autistic Disorder (70)
 299.80 Rett's Disorder (76)
 299.10 Childhood Disintegrative Disorder (77)
 299.80 Asperger's Disorder (80)
 299.80 Pervasive Developmental Disorder NOS (84)

ATTENTION-DEFICIT AND DISRUPTIVE BEHAVIOR DISORDERS (85)

- 314.xx Attention-Deficit/Hyperactivity Disorder (85)
 .01 Combined Type
 .00 Predominantly Inattentive Type
 .01 Predominantly Hyperactive-Impulsive Type
 314.9 Attention-Deficit/Hyperactivity Disorder NOS (93)
 312.xx Conduct Disorder (93)
 .81 Childhood-Onset Type
 .82 Adolescent-Onset Type
 .89 Unspecified Onset
 313.81 Oppositional Defiant Disorder (100)
 312.9 Disruptive Behavior Disorder NOS (103)

FEEDING AND EATING DISORDERS OF INFANCY OR EARLY CHILDHOOD (103)

- 307.52 Pica (103)
 307.53 Rumination Disorder (105)
 307.59 Feeding Disorder of Infancy or Early Childhood (107)

TIC DISORDERS (108)

- 307.23 Tourette's Disorder (111)
 307.22 Chronic Motor or Vocal Tic Disorder (114)
 307.21 Transient Tic Disorder (115)
 Specify if: Single Episode/Recurrent
 307.20 Tic Disorder NOS (116)

ELIMINATION DISORDERS (116)

- .- Encopresis (116)
 787.6 With Constipation and Overflow Incontinence
 307.7 Without Constipation and Overflow Incontinence
 307.6 Enuresis (Not Due to a General Medical Condition) (118)
 Specify type: Nocturnal Only/Diurnal Only/Nocturnal and Diurnal

OTHER DISORDERS OF INFANCY, CHILDHOOD, OR ADOLESCENCE (121)

- 309.21 Separation Anxiety Disorder (121)
 Specify if: Early Onset
 313.23 Selective Mutism (125)
 313.89 Reactive Attachment Disorder of Infancy or Early Childhood (127)
 Specify type: Inhibited Type/Disinhibited Type
 307.3 Stereotypic Movement Disorder (131)
 Specify if: With Self-Injurious Behavior
 313.9 Disorder of Infancy, Childhood, or Adolescence NOS (134)

Delirium, Dementia, and Amnestic and Other Cognitive Disorders (135)**DELIRIUM (136)**

- 293.0 Delirium Due to . . . [Indicate the General Medical Condition] (141)
 —.- Substance Intoxication Delirium (refer to Substance-Related Disorders for substance-specific codes) (143)
 —.- Substance Withdrawal Delirium (refer to Substance-Related Disorders for substance-specific codes) (143)

- .- Delirium
 Etiologie
 etiologies,
 780.09 Delirium

DEMENCIA (147)

- 294.xx Dementi
 Type, Wi
 code 331.0
 Axis III) (
 .10 Witho
 Distur
 .11 With l
 294.xx Dementi
 Type, Wi
 331.0 Alz
 Axis III) (
 .10 Witho
 Distur
 .11 With l
 290.xx Vascular
 .40 Uncor
 .41 With l
 .42 With l
 .43 With l
 Specify if: V

Code presence or a
 disturbance in the
 Due to a General

0 = Without Beha
 1 = With Behavior

- 294.1x Dementi
 (also code
 (163)

- 294.1x Dementi
 (also code
 Axis III)

- 294.1x Dementi
 Disease
 Dementic
 Axis III)

- 294.1x Dementi
 Disease
 ton's dis

- 294.1x Dementi
 (also code
 Axis III)

4-IV-TR Classification

DISORDERS (116)

(116)

Constipation and

W Incontinence

Constipation and

W Incontinence

Not Due to a General

Condition) (118)

Nocturnal Only/Diurnal

Nocturnal and Diurnal

DISORDERS OF INFANCY, ADOLESCENCE

Anxiety Disorder

Onset

Autism (125)

Attachment Disorder

of Early Childhood

Inhibited Type/

Type

Compulsive Movement Disorder

With Self-Injurious Behavior

of Infancy, Childhood,

and Adolescence NOS (134)

Dementia, and Other Cognitive

Due to . . . [Indicate the
General Medical Condition] (141)

Intoxication Delirium

Substance-Related

or substance-specific

(1)

Withdrawal

Refer to Substance-

Related Disorders for substance-

Related Disorders (143)

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Delirium Due to Multiple
Etiologies (code each of the specific
etiologies) (146)

780.09 Delirium NOS (147)

DEMENTIA (147)

294.xx Dementia of the Alzheimer's
Type, With Early Onset (also
code 331.0 Alzheimer's disease on
Axis III) (154)

.10 Without Behavioral
Disturbance

.11 With Behavioral Disturbance

294.xx Dementia of the Alzheimer's
Type, With Late Onset (also code
331.0 Alzheimer's disease on
Axis III) (154)

.10 Without Behavioral
Disturbance

.11 With Behavioral Disturbance

290.xx Vascular Dementia (158)

.40 Uncomplicated

.41 With Delirium

.42 With Delusions

.43 With Depressed Mood

Specify if: With Behavioral Disturbance

Code presence or absence of a behavioral
disturbance in the fifth digit for Dementia
Due to a General Medical Condition:

0 = Without Behavioral Disturbance

1 = With Behavioral Disturbance

294.1x Dementia Due to HIV Disease
(also code 042 HIV on Axis III)
(163)

294.1x Dementia Due to Head Trauma
(also code 854.00 head injury on
Axis III) (164)

294.1x Dementia Due to Parkinson's
Disease (also code 331.82
Dementia with Lewy bodies on
Axis III) (164)

294.1x Dementia Due to Huntington's
Disease (also code 333.4 Hunting-
ton's disease on Axis III) (165)

294.1x Dementia Due to Pick's Disease
(also code 331.11 Pick's disease on
Axis III) (165)

294.1x Dementia Due to Creutzfeldt-
Jakob Disease (also code 046.1
Creutzfeldt-Jakob disease on Axis
III) (166)

294.1x Dementia Due to . . . [Indicate the
General Medical Condition not
listed above] (also code the general
medical condition on Axis III)
(167)

Substance-Induced Persisting
Dementia (refer to Substance-
Related Disorders for substance-
specific codes) (168)

Dementia Due to Multiple
Etiologies (code each of the specific
etiologies) (170)

294.8 Dementia NOS (171)

AMNESTIC DISORDERS (172)

294.0 Amnesic Disorder Due to . . .
[Indicate the General Medical
Condition] (175)

Specify if: Transient/Chronic

Substance-Induced Persisting
Amnesic Disorder (refer to
Substance-Related Disorders for
substance-specific codes) (177)

294.8 Amnesic Disorder NOS (179)

OTHER COGNITIVE DISORDERS

(179)

294.9 Cognitive Disorder NOS (179)

Mental Disorders Due to a General Medical Condition Not Elsewhere Classified (181)

293.89 Catatonic Disorder Due to . . .
[Indicate the General Medical
Condition] (185)

310.1 Personality Change Due to . . .
[Indicate the General Medical
Condition] (187)

- Specify type: Labile Type/Inhibited Type/Aggressive Type/Apathetic Type/Paranoid Type/Other Type/Combined Type/Unspecified Type*
- 293.9 Mental Disorder NOS
Due to . . . [Indicate the General Medical Condition] (190)

Substance-Related Disorders (191)

The following specifiers apply to Substance Dependence as noted:

- ^aWith Physiological Dependence/Without Physiological Dependence
^bEarly Full Remission/Early Partial Remission/Sustained Full Remission/Sustained Partial Remission
^cIn a Controlled Environment
^dOn Agonist Therapy

The following specifiers apply to Substance-Induced Disorders as noted:

- ^lWith Onset During Intoxication/^wWith Onset During Withdrawal

ALCOHOL-RELATED DISORDERS (212)

Alcohol Use Disorders (213)

- 303.90 Alcohol Dependence^{a,b,c} (213)
305.00 Alcohol Abuse (214)

Alcohol-Induced Disorders (214)

- 303.00 Alcohol Intoxication (214)
291.81 Alcohol Withdrawal (215)
Specify if: With Perceptual Disturbances
291.0 Alcohol Intoxication Delirium (143)
291.0 Alcohol Withdrawal Delirium (143)
291.2 Alcohol-Induced Persisting Dementia (168)
291.1 Alcohol-Induced Persisting Amnestic Disorder (177)

- 291.x Alcohol-Induced Psychotic Disorder (338)
.5 With Delusions^{l,w}
.3 With Hallucinations^{l,w}
291.89 Alcohol-Induced Mood Disorder^w (405)
291.89 Alcohol-Induced Anxiety Disorder^w (479)
291.89 Alcohol-Induced Sexual Dysfunction^l (562)
291.82 Alcohol-Induced Sleep Disorder^w (655)
291.9 Alcohol-Related Disorder NOS (223)

AMPHETAMINE (OR AMPHETAMINE-LIKE)-RELATED DISORDERS (223)

Amphetamine Use Disorders (224)

- 304.40 Amphetamine Dependence^{a,b,c} (224)
305.70 Amphetamine Abuse (225)

Amphetamine-Induced Disorders (226)

- 292.89 Amphetamine Intoxication (226)
Specify if: With Perceptual Disturbances
292.0 Amphetamine Withdrawal (227)
292.81 Amphetamine Intoxication Delirium (143)
292.xx Amphetamine-Induced Psychotic Disorder (338)
.11 With Delusions^l
.12 With Hallucinations^l
292.84 Amphetamine-Induced Mood Disorder^{l,w} (405)
292.89 Amphetamine-Induced Anxiety Disorder^l (479)
292.89 Amphetamine-Induced Sexual Dysfunction^l (562)
292.85 Amphetamine-Induced Sleep Disorder^{l,w} (655)
292.9 Amphetamine-Related Disorder NOS (231)

CAFFEINE-RELATED DISORDERS (290)

Caffeine-Induced Disorders (290)

- 290.90 Caffeine Intoxication (290)
290.89 Caffeine-Induced Disorder^l (47)
290.85 Caffeine-Induced Disorder^l (65)
290.9 Caffeine-Related Disorder (234)

CANNABIS-RELATED DISORDERS (291)

Cannabis Use Disorders (291)

- 304.30 Cannabis Dependence (291)
305.20 Cannabis Abuse (291)

Cannabis-Induced Disorders (292)

- 292.89 Cannabis Intoxication (292)
Specify if: With Perceptual Disturbances
292.81 Cannabis Withdrawal (143)
292.xx Cannabis-Induced Psychotic Disorder (338)
.11 With Delusions^l
.12 With Hallucinations^l
292.89 Cannabis-Induced Disorder^l (47)
292.9 Cannabis-Related Disorder NOS (241)

COCAINE-RELATED DISORDERS (292)

Cocaine Use Disorders (292)

- 304.20 Cocaine Dependence (292)
305.60 Cocaine Abuse (292)

Cocaine-Induced Disorders (293)

- 292.89 Cocaine Intoxication (293)
Specify if: With Perceptual Disturbances
292.0 Cocaine Withdrawal (293)
292.81 Cocaine-Induced Disorder^l (47)
292.xx Cocaine-Induced Psychotic Disorder (338)
.11 With Delusions^l
.12 With Hallucinations^l

Classification

DSM-IV-TR Classification

CAFFEINE-RELATED DISORDERS (231)**Caffeine-Induced Disorders (232)**

- 305.90 Caffeine Intoxication (232)
 292.89 Caffeine-Induced Anxiety Disorder^I (479)
 292.85 Caffeine-Induced Sleep Disorder^I (655)
 292.9 Caffeine-Related Disorder NOS (234)

CANNABIS-RELATED DISORDERS (234)**Cannabis Use Disorders (236)**

- 304.30 Cannabis Dependence^{a,b,c} (236)
 305.20 Cannabis Abuse (236)

Cannabis-Induced Disorders (237)

- 292.89 Cannabis Intoxication (237)
Specify if: With Perceptual Disturbances
 292.81 Cannabis Intoxication Delirium (143)
 292.xx Cannabis-Induced Psychotic Disorder (338)
 .11 With Delusions^I
 .12 With Hallucinations^I
 292.89 Cannabis-Induced Anxiety Disorder^I (479)
 292.9 Cannabis-Related Disorder NOS (241)

COCAINE-RELATED DISORDERS (241)**Cocaine Use Disorders (242)**

- 304.20 Cocaine Dependence^{a,b,c} (242)
 305.60 Cocaine Abuse (243)

Cocaine-Induced Disorders (244)

- 292.89 Cocaine Intoxication (244)
Specify if: With Perceptual Disturbances
 292.0 Cocaine Withdrawal (245)
 292.81 Cocaine Intoxication Delirium (143)
 292.xx Cocaine-Induced Psychotic Disorder (338)
 .11 With Delusions^I
 .12 With Hallucinations^I

- 292.84 Cocaine-Induced Mood Disorder^{I,W} (405)
 292.89 Cocaine-Induced Anxiety Disorder^{I,W} (479)
 292.89 Cocaine-Induced Sexual Dysfunction^I (562)
 292.85 Cocaine-Induced Sleep Disorder^{I,W} (655)
 292.9 Cocaine-Related Disorder NOS (250)

HALLUCINOGEN-RELATED DISORDERS (250)**Hallucinogen Use Disorders (251)**

- 304.50 Hallucinogen Dependence^{b,c} (251)
 305.30 Hallucinogen Abuse (252)

Hallucinogen-Induced Disorders (252)

- 292.89 Hallucinogen Intoxication (252)
 292.89 Hallucinogen Persisting Perception Disorder (Flashbacks) (253)
 292.81 Hallucinogen Intoxication Delirium (143)
 292.xx Hallucinogen-Induced Psychotic Disorder (338)
 .11 With Delusions^I
 .12 With Hallucinations^I
 292.84 Hallucinogen-Induced Mood Disorder^I (405)
 292.89 Hallucinogen-Induced Anxiety Disorder^I (479)
 292.9 Hallucinogen-Related Disorder NOS (256)

INHALANT-RELATED DISORDERS (257)**Inhalant Use Disorders (258)**

- 304.60 Inhalant Dependence^{b,c} (258)
 305.90 Inhalant Abuse (259)

Inhalant-Induced Disorders (259)

- 292.89 Inhalant Intoxication (259)
 292.81 Inhalant Intoxication Delirium (143)

**R
(E)-RELATED****Disorders (224)**
Dependence^{a,b,c}

Abuse (225)

Induced Disorders

Intoxication

Perceptual Disturbances
Withdrawal

Intoxication

Induced
der (338)ns^I
nations^I
duced Mood

duced Anxiety

duced Sexual

duced Sleep

lated
11)

- 292.82 Inhalant-Induced Persisting Dementia (168)
- 292.xx Inhalant-Induced Psychotic Disorder (338)
 - .11 With Delusions^I
 - .12 With Hallucinations^I
- 292.84 Inhalant-Induced Mood Disorder^I (405)
- 292.89 Inhalant-Induced Anxiety Disorder^I (479)
- 292.9 Inhalant-Related Disorder NOS (263)

NICOTINE-RELATED DISORDERS (264)

Nicotine Use Disorder (264)

- 305.1 Nicotine Dependence^{a,b} (264)

Nicotine-Induced Disorder (265)

- 292.0 Nicotine Withdrawal (265)
- 292.9 Nicotine-Related Disorder NOS (269)

OPIOID-RELATED DISORDERS (269)

Opioid Use Disorders (270)

- 304.00 Opioid Dependence^{a,b,c,d} (270)
- 305.50 Opioid Abuse (271)

Opioid-Induced Disorders (271)

- 292.89 Opioid Intoxication (271)
Specify if: With Perceptual Disturbances
- 292.0 Opioid Withdrawal (272)
- 292.81 Opioid Intoxication Delirium (143)
- 292.xx Opioid-Induced Psychotic Disorder (338)
 - .11 With Delusions^I
 - .12 With Hallucinations^I
- 292.84 Opioid-Induced Mood Disorder^I (405)
- 292.89 Opioid-Induced Sexual Dysfunction^I (562)
- 292.85 Opioid-Induced Sleep Disorder^{LW} (655)
- 292.9 Opioid-Related Disorder NOS (277)

PHENCYCLIDINE [OR PHENCYCLIDINE-LIKE]-RELATED DISORDERS (278)

Phencyclidine Use Disorders (279)

- 304.60 Phencyclidine Dependence^{b,c} (279)
- 305.90 Phencyclidine Abuse (279)

Phencyclidine-Induced Disorders (280)

- 292.89 Phencyclidine Intoxication (280)
Specify if: With Perceptual Disturbances
- 292.81 Phencyclidine Intoxication Delirium (143)
- 292.xx Phencyclidine-Induced Psychotic Disorder (338)
 - .11 With Delusions^I
 - .12 With Hallucinations^I
- 292.84 Phencyclidine-Induced Mood Disorder^I (405)
- 292.89 Phencyclidine-Induced Anxiety Disorder^I (479)
- 292.9 Phencyclidine-Related Disorder NOS (283)

SEDATIVE-, HYPNOTIC-, OR ANXIOLYTIC-RELATED DISORDERS (284)

Sedative, Hypnotic, or Anxiolytic Use Disorders (285)

- 304.10 Sedative, Hypnotic, or Anxiolytic Dependence^{a,b,c} (285)
- 305.40 Sedative, Hypnotic, or Anxiolytic Abuse (286)

Sedative-, Hypnotic-, or Anxiolytic-Induced Disorders (286)

- 292.89 Sedative, Hypnotic, or Anxiolytic Intoxication (286)
- 292.0 Sedative, Hypnotic, or Anxiolytic Withdrawal (287)
Specify if: With Perceptual Disturbances
- 292.81 Sedative, Hypnotic, or Anxiolytic Intoxication Delirium (143)
- 292.81 Sedative, Hypnotic, or Anxiolytic Withdrawal Delirium (143)

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DR (KE)-RELATED

Disorders (279)
Dependence^{b,c}

Abuse (279)

uced Disorders

Intoxication (280)
Perceptual Disturbances
Intoxication
(43)
Induced
Disorder (338)
usions^l
ucinations^l
Induced Mood
(45)
Induced Anxiety
(79)
Related Disorder

OTIC-, OR ATED DISORDERS

tic, or Anxiolytic
(35)
ypnotic, or
Dependence^{a,b,c}

ypnotic, or
Abuse (286)

otic-, or ed Disorders (286)

ypnotic, or
Intoxication (286)
ypnotic, or
Withdrawal (287)
h Perceptual Disturbances
ypnotic, or
Intoxication
(143)
Hypnotic, or
Withdrawal
(143)

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- 292.82 Sedative-, Hypnotic-, or
Anxiolytic-Induced Persisting
Dementia (168)
- 292.83 Sedative-, Hypnotic-, or
Anxiolytic-Induced Persisting
Amnesic Disorder (177)
- 292.xx Sedative-, Hypnotic-, or
Anxiolytic-Induced Psychotic
Disorder (338)
 - .11 With Delusions^{LW}
 - .12 With Hallucinations^{LW}
- 292.84 Sedative-, Hypnotic-, or
Anxiolytic-Induced Mood
Disorder^{LW} (405)
- 292.89 Sedative-, Hypnotic-, or
Anxiolytic-Induced Anxiety
Disorder^W (479)
- 292.89 Sedative-, Hypnotic-, or
Anxiolytic-Induced Sexual
Dysfunction^I (562)
- 292.85 Sedative-, Hypnotic-, or
Anxiolytic-Induced Sleep
Disorder^{LW} (655)
- 292.9 Sedative-, Hypnotic-, or
Anxiolytic-Related Disorder
NOS (293)

POLYSUBSTANCE-RELATED DISORDER (293)

- 304.80 Polysubstance
Dependence^{a,b,c,d} (293)

OTHER (OR UNKNOWN) SUBSTANCE-RELATED DISORDERS (294)

Other (or Unknown) Substance Use Disorders (295)

- 304.90 Other (or Unknown) Substance
Dependence^{a,b,c,d} (192)
- 305.90 Other (or Unknown) Substance
Abuse (198)

Other (or Unknown) Substance- Induced Disorders (295)

- 292.89 Other (or Unknown) Substance
Intoxication (199)
Specify if: With Perceptual Disturbances

- 292.0 Other (or Unknown) Substance
Withdrawal (201)
Specify if: With Perceptual Disturbances
- 292.81 Other (or Unknown)
Substance-Induced Delirium
(143)
- 292.82 Other (or Unknown)
Substance-Induced Persisting
Dementia (168)
- 292.83 Other (or Unknown)
Substance-Induced Persisting
Amnesic Disorder (177)
- 292.xx Other (or Unknown)
Substance-Induced Psychotic
Disorder (338)
 - .11 With Delusions^{LW}
 - .12 With Hallucinations^{LW}
- 292.84 Other (or Unknown)
Substance-Induced Mood
Disorder^{LW} (405)
- 292.89 Other (or Unknown)
Substance-Induced Anxiety
Disorder^{LW} (479)
- 292.89 Other (or Unknown)
Substance-Induced Sexual
Dysfunction^I (562)
- 292.85 Other (or Unknown)
Substance-Induced Sleep
Disorder^{LW} (655)
- 292.9 Other (or Unknown)
Substance-Related Disorder
NOS (295)

Schizophrenia and Other Psychotic Disorders (297)

295.xx Schizophrenia (298)
*The following Classification of Longitudinal
Course applies to all subtypes of
Schizophrenia:*

Episodic With Interepisode Residual
Symptoms (*specify if: With Prominent
Negative Symptoms*)/Episodic With No
Interepisode Residual Symptoms

Continuous (specify if: With Prominent Negative Symptoms)

Single Episode In Partial Remission (specify if: With Prominent Negative Symptoms)/
Single Episode In Full Remission

Other or Unspecified Pattern

- .30 Paranoid Type (313)
- .10 Disorganized Type (314)
- .20 Catatonic Type (315)
- .90 Undifferentiated Type (316)
- .60 Residual Type (316)

295.40 Schizophreniform Disorder (317)

Specify if: Without Good Prognostic Features/With Good Prognostic Features

295.70 Schizoaffective Disorder (319)

Specify type: Bipolar Type/Depressive Type

297.1 Delusional Disorder (323)

Specify type: Erotomaniac Type/
Grandiose Type/Jealous Type/
Persecutory Type/Somatic Type/
Mixed Type/Unspecified Type

298.8 Brief Psychotic Disorder (329)

Specify if: With Marked Stressor(s)/
Without Marked Stressor(s)/With
Postpartum Onset

297.3 Shared Psychotic Disorder (332)

293.xx Psychotic Disorder Due to . . .

[Indicate the General Medical Condition] (334)

.81 With Delusions

.82 With Hallucinations

Substance-Induced Psychotic Disorder (refer to Substance-Related Disorders for substance-specific codes) (338)

Specify if: With Onset During Intoxication/With Onset During Withdrawal

298.9 Psychotic Disorder NOS (343)

Mood Disorders (345)

Code current state of Major Depressive Disorder or Bipolar I Disorder in fifth digit:

- 1 = Mild
- 2 = Moderate
- 3 = Severe Without Psychotic Features
- 4 = Severe With Psychotic Features
Specify: Mood-Congruent Psychotic Features/Mood-Incongruent Psychotic Features
- 5 = In Partial Remission
- 6 = In Full Remission
- 0 = Unspecified

The following specifiers apply (for current or most recent episode) to Mood Disorders as noted:

- *Severity/Psychotic/Remission Specifiers/
bChronic/cWith Catatonic Features/dWith
Melancholic Features/fWith Atypical
Features/gWith Postpartum Onset

The following specifiers apply to Mood Disorders as noted:

- sWith or Without Full Interepisode Recovery/
hWith Seasonal Pattern/iWith Rapid
Cycling

DEPRESSIVE DISORDERS (369)

296.xx Major Depressive Disorder (369)

.2x Single Episode^{a,b,c,d,e,f}

.3x Recurrent^{a,b,c,d,e,f,g,h}

300.4 Dysthymic Disorder (376)

Specify if: Early Onset/Late Onset

Specify: With Atypical Features

311 Depressive Disorder NOS (381)

BIPOLAR DISORDERS (382)

296.xx Bipolar I Disorder (382)

.0x Single Manic Episode^{a,c,f}

Specify if: Mixed

.40 Most Recent Episode
Hypomanic^{g,h,i}

.4x Most Recent Episode
Manic^{a,c,f,g,h,i}

.6x Most Recent
Mixed^{a,c,d,e}

.5x Most Recent
Depressed^d

.7 Most Recent
Unspecified

296.89 Bipolar II Disorder (392)

Specify (current or
Hypomanic/Dep

301.13 Cyclothymic Disorder

296.80 Bipolar Disorder

293.83 Mood Disorder

[Indicate the (4
Condition)] (4

Specify type: With
With Major Dep

With Manic Features

Substance-Induced
Disorder (re

Related Disorders
specific codes

Specify type: With
With Manic Features

Specify if: With
Intoxication/

Withdrawal

296.90 Mood Disorder

Anxiety Disorders

300.01 Panic Disorder

Agoraphobia

300.21 Panic Disorder

Agoraphobia

300.22 Agoraphobia

of Panic I

300.29 Specific I

Specify type:
Environmental

Injury Type

300.23 Social Phobia

Specify if: C

I-IV-TR Classification

s (345)

Major Depressive
Disorder in fifth digit:

Psychotic Features
Psychotic Features
-Congruent Psychotic
-Incongruent Psychotic

tion
n

rs apply (for current or
to Mood Disorders as

Remission Specifiers/
Catatonic Features/^dWith
Features/^eWith Atypical
Postpartum Onset

ers apply to Mood

all Interepisode Recovery/
Pattern/^fWith Rapid

ORDERS (369)

ressive Disorder

episode^{a,b,c,d,e,f}
nt^{a,b,c,d,e,f,g,h}

Disorder (376)
ly Onset/Late Onset
Atypical Features
e Disorder NOS (381)

ORDERS (382)

Disorder (382)
Manic Episode^{a,c,f}
ved
Recent Episode
Manic^{g,h,i}
Recent Episode
c,f,g,h,i

DSM-IV-TR Classification

- .6x Most Recent Episode
Mixed^{a,c,f,g,h,i}
- .5x Most Recent Episode
Depressed^{a,b,c,d,e,f,g,h}
- .7 Most Recent Episode
Unspecified^{g,h,i}
- 296.89 Bipolar II Disorder^{a,b,c,d,e,f,g,h,i}
(392)
Specify (current or most recent episode):
Hypomanic/Depressed
- 301.13 Cyclothymic Disorder (398)
- 296.80 Bipolar Disorder NOS (400)
- 293.83 Mood Disorder Due to . . .
[Indicate the General Medical
Condition] (401)
Specify type: With Depressive Features/
With Major Depressive-Like Episode/
With Manic Features/With Mixed
Features
- Substance-Induced Mood
Disorder (refer to Substance-
Related Disorders for substance-
specific codes) (405)
Specify type: With Depressive Features/
With Manic Features/With Mixed
Features
Specify if: With Onset During
Intoxication/With Onset During
Withdrawal
- 296.90 Mood Disorder NOS (410)

Anxiety Disorders (429)

- 300.01 Panic Disorder Without
Agoraphobia (433)
- 300.21 Panic Disorder With
Agoraphobia (433)
- 300.22 Agoraphobia Without History
of Panic Disorder (441)
- 300.29 Specific Phobia (443)
Specify type: Animal Type/Natural
Environment Type/Blood-Injection-
Injury Type/Situational Type/Other
Type
- 300.23 Social Phobia (450)
Specify if: Generalized

- 300.3 Obsessive-Compulsive
Disorder (456)
Specify if: With Poor Insight
- 309.81 Posttraumatic Stress Disorder
(463)
Specify if: Acute/Chronic
Specify if: With Delayed Onset
- 308.3 Acute Stress Disorder (469)
- 300.02 Generalized Anxiety Disorder
(472)
- 293.84 Anxiety Disorder Due to . . .
[Indicate the General Medical
Condition] (476)
Specify if: With Generalized Anxiety/
With Panic Attacks/With Obsessive-
Compulsive Symptoms
- Substance-Induced Anxiety
Disorder (refer to Substance-
Related Disorders for substance-
specific codes) (479)
Specify if: With Generalized Anxiety/
With Panic Attacks/With Obsessive-
Compulsive Symptoms/With Phobic
Symptoms
Specify if: With Onset During
Intoxication/With Onset During
Withdrawal
- 300.00 Anxiety Disorder NOS (484)

Somatoform Disorders (485)

- 300.81 Somatization Disorder (486)
- 300.82 Undifferentiated Somatoform
Disorder (490)
- 300.11 Conversion Disorder (492)
Specify type: With Motor Symptom or
Deficit/With Sensory Symptom or
Deficit/With Seizures or Convulsions/
With Mixed Presentation
- 307.xx Pain Disorder (498)
.80 Associated With
Psychological Factors
.89 Associated With Both
Psychological Factors and a
General Medical Condition
Specify if: Acute/Chronic

- 300.7 Hypochondriasis (504)
Specify if: With Poor Insight
- 300.7 Body Dysmorphic Disorder (507)
- 300.82 Somatoform Disorder NOS (511)

Factitious Disorders (513)

- 300.xx Factitious Disorder (513)
- .16 With Predominantly Psychological Signs and Symptoms
- .19 With Predominantly Physical Signs and Symptoms
- .19 With Combined Psychological and Physical Signs and Symptoms
- 300.19 Factitious Disorder NOS (517)

Dissociative Disorders (519)

- 300.12 Dissociative Amnesia (520)
- 300.13 Dissociative Fugue (523)
- 300.14 Dissociative Identity Disorder (526)
- 300.6 Depersonalization Disorder (530)
- 300.15 Dissociative Disorder NOS (532)

Sexual and Gender Identity Disorders (535)

SEXUAL DYSFUNCTIONS (535)

The following specifiers apply to all primary Sexual Dysfunctions:

Lifelong Type/Acquired Type

Generalized Type/Situational Type

Due to Psychological Factors/Due to Combined Factors

Sexual Desire Disorders (539)

- 302.71 Hypoactive Sexual Desire Disorder (539)
- 302.79 Sexual Aversion Disorder (541)

Sexual Arousal Disorders (543)

- 302.72 Female Sexual Arousal Disorder (543)
- 302.72 Male Erectile Disorder (545)

Orgasmic Disorders (547)

- 302.73 Female Orgasmic Disorder (547)
- 302.74 Male Orgasmic Disorder (550)
- 302.75 Premature Ejaculation (552)

Sexual Pain Disorders (554)

- 302.76 Dyspareunia (Not Due to a General Medical Condition) (554)
- 306.51 Vaginismus (Not Due to a General Medical Condition) (556)

Sexual Dysfunction Due to a General Medical Condition (558)

- 625.8 Female Hypoactive Sexual Desire Disorder Due to . . . [Indicate the General Medical Condition] (558)
- 608.89 Male Hypoactive Sexual Desire Disorder Due to . . . [Indicate the General Medical Condition] (558)
- 607.84 Male Erectile Disorder Due to . . . [Indicate the General Medical Condition] (558)
- 625.0 Female Dyspareunia Due to . . . [Indicate the General Medical Condition] (558)
- 608.89 Male Dyspareunia Due to . . . [Indicate the General Medical Condition] (558)

625.8 Other Female Sexual Dysfunction Due to . . . [Indicate the General Medical Condition] (558)

608.89 Other Male Sexual Dysfunction Due to . . . [Indicate the General Medical Condition] (558)

Substance-Related Sexual Dysfunction Due to . . . [Indicate the General Medical Condition] (558)

Specify if: With Intoxication

627.0 Sexual Dysphoria (559)

PARAPHILIAS (560)

- 602.4 Exhibitionism (560)
- 602.81 Fetishism (561)
- 602.89 Frotteurism (562)
- 602.2 Pedophilia (563)
- Specify if: Sexually Attracted to . . . [Indicate the General Medical Condition] (563)
- Nonexclusive
- 602.83 Sexual Masochism (564)
- 602.85 Sexual Sadism (565)
- 602.86 Transvestism (566)
- Specify if: With Sexual Orientation
- 602.82 Voyeurism (567)
- 602.89 Paraphilia NOS (568)

Gender Identity Disorders (569)

- 602.88 Gender Identity Disorder Due to . . . [Indicate the General Medical Condition] (569)
- Specify if: In Childhood
- 602.85 Gender Identity Disorder Due to . . . [Indicate the General Medical Condition] (569)
- Specify if: Sexually Attracted to . . . [Indicate the General Medical Condition] (569)
- Neither
- 602.89 Gender Identity Disorder NOS (569)
- Specify if: Sexually Attracted to . . . [Indicate the General Medical Condition] (569)

A-IV-TR Classification

quired Type

Situational Type

al Factors/Due to
ers

Disorders (539)

Sexual Desire
(539)

ersion Disorder (541)

Disorders (543)

xual Arousal
(543)

tile Disorder (545)

Disorders (547)

gasmic Disorder

asmic Disorder (550)

Ejaculation (552)

Disorders (554)

nia (Not Due to a
Medical Condition)

us (Not Due to a
Medical Condition)

**tion Due to a
il Condition (558)**

ypoactive Sexual
order Due to ...
he General Medical
I (558)

ypoactive Sexual Desire
Due to ... [Indicate the
Medical Condition] (558)
tile Disorder Due to ...
he General Medical
I (558)

ypareunia Due to ...
he General Medical
I (558)

ypareunia Due to ...
he General Medical
I (558)

DSM-IV-TR Classification

625.8 Other Female Sexual
Dysfunction Due to ... [Indicate
the General Medical Condition]
(558)

608.89 Other Male Sexual Dysfunction
Due to ... [Indicate the General
Medical Condition] (558)

— Substance-Induced Sexual
Dysfunction (refer to Substance-
Related Disorders for substance-
specific codes) (562)
Specify if: With Impaired Desire/With
Impaired Arousal/With Impaired
Orgasm/With Sexual Pain
Specify if: With Onset During
Intoxication

302.70 Sexual Dysfunction NOS (565)

PARAPHILIAS (566)

302.4 Exhibitionism (569)

302.81 Fetishism (569)

302.89 Frotteurism (570)

302.2 Pedophilia (571)
Specify if: Sexually Attracted to Males/
Sexually Attracted to Females/Sexually
Attracted to Both
Specify if: Limited to Infant
Specify type: Exclusive Type/
Nonexclusive Type

302.83 Sexual Masochism (572)

302.84 Sexual Sadism (573)

302.3 Transvestic Fetishism (574)
Specify if: With Gender Dysphoria

302.82 Voyeurism (575)

302.9 Paraphilia NOS (576)

**GENDER IDENTITY DISORDERS
(576)**

302.xx Gender Identity Disorder (576)
.6 in Children

.85 in Adolescents or Adults
Specify if: Sexually Attracted to Males/
Sexually Attracted to Females/Sexually
Attracted to Both/Sexually Attracted to
Neither

302.6 Gender Identity Disorder NOS
(582)

302.9 Sexual Disorder NOS (582)

Eating Disorders (583)

307.1 Anorexia Nervosa (583)

Specify type: Restricting Type; Binge-
Eating/Purging Type

307.51 Bulimia Nervosa (589)

Specify type: Purging Type/Nonpurging
Type

307.50 Eating Disorder NOS (594)

Sleep Disorders (597)**PRIMARY SLEEP DISORDERS (598)****Dyssomnias (598)**

307.42 Primary Insomnia (599)

307.44 Primary Hypersomnia (604)
Specify if: Recurrent

347.00 Narcolepsy (609)

780.57 Breathing-Related Sleep
Disorder (615)

327.3x Circadian Rhythm Sleep
Disorder (622)

.31 Delayed Sleep Phase Type

.35 Jet Lag Type

.36 Shift Work Type

.30 Unspecified Type

307.47 Dyssomnia NOS (629)

Parasomnias (630)

307.47 Nightmare Disorder (631)

307.46 Sleep Terror Disorder (634)

307.46 Sleepwalking Disorder (639)

307.47 Parasomnia NOS (644)

**SLEEP DISORDERS RELATED TO
ANOTHER MENTAL DISORDER (645)**

327.02 Insomnia Related to ... [Indicate
the Axis I or Axis II Disorder]
(645)

327.15 Hypersomnia Related to ...
[Indicate the Axis I or Axis II
Disorder] (645)

OTHER SLEEP DISORDERS (651)

327.xx Sleep Disorder Due to . . .
[Indicate the General Medical
Condition] (651)

- .01 Insomnia Type
- .14 Hypersomnia Type
- .44 Parasomnia Type
- .8 Mixed Type
- Substance-Induced Sleep
Disorder (refer to Substance-
Related Disorders for substance-
specific codes) (655)

Specify type: Insomnia Type/
Hypersomnia Type/Parasomnia Type/
Mixed Type
Specify if: With Onset During
Intoxication/With Onset During
Withdrawal

**Impulse-Control Disorders Not
Elsewhere Classified (663)**

- 312.34 Intermittent Explosive Disorder
(663)
- 312.32 Kleptomania (667)
- 312.33 Pyromania (669)
- 312.31 Pathological Gambling (671)
- 312.39 Trichotillomania (674)
- 312.30 Impulse-Control Disorder NOS
(677)

Adjustment Disorders (679)

- 309.xx Adjustment Disorder (679)
 - .0 With Depressed Mood
 - .24 With Anxiety
 - .28 With Mixed Anxiety and
Depressed Mood
 - .3 With Disturbance of Conduct
 - .4 With Mixed Disturbance of
Emotions and Conduct
 - .9 Unspecified
- Specify if: Acute/Chronic

Personality Disorders (685)

Note: These are coded on Axis II.

- 301.0 Paranoid Personality Disorder
(690)
- 301.20 Schizoid Personality Disorder
(694)
- 301.22 Schizotypal Personality
Disorder (697)
- 301.7 Antisocial Personality Disorder
(701)
- 301.83 Borderline Personality Disorder
(706)
- 301.50 Histrionic Personality Disorder
(711)
- 301.81 Narcissistic Personality
Disorder (714)
- 301.82 Avoidant Personality Disorder
(718)
- 301.6 Dependent Personality
Disorder (721)
- 301.4 Obsessive-Compulsive
Personality Disorder (725)
- 301.9 Personality Disorder NOS (729)

**Other Conditions That May Be a
Focus of Clinical Attention (731)****PSYCHOLOGICAL FACTORS
AFFECTING MEDICAL CONDITION
(731)**

- 316 . . . [Specified Psychological Factor]
Affecting . . . [Indicate the General
Medical Condition] (731)
Choose name based on nature
of factors:
Mental Disorder Affecting
Medical Condition
Psychological Symptoms
Affecting Medical Condition

Personality Traits
Style Affecting
Condition
Maladaptive Hea
Affecting Med
Stress-Related Ph
Response Affe
Condition
Other or Unspec
Psychological
Affecting Mec

**MEDICATION-INDUCE
MOVEMENT DISORDE**

- 2.1 Neuroleptic-Ind
Parkinsonism (7
- 3.92 Neuroleptic Ma
Syndrome (735)
- 3.7 Neuroleptic-In
Dystonia (735)
- 3.99 Neuroleptic-In
Akathisia (735)
- 3.82 Neuroleptic-In
Dyskinesia (73
- 3.3 Medication-In
Tremor (736)
- 3.10 Medication-In
Disorder NOS

**OTHER MEDICATION
DISORDER (736)**

- 3.2 Adverse Effect
NOS (736)

RELATIONAL PROB

- 3.1 Relational Pr
Mental Disor
Medical Con
3.20 Parent-Child
Problem (73
- 3.10 Partner Rela
(737)
- 3.10 Sibling Rela
Relational P

Disorders (685)

coded on Axis II.

Personality Disorder

Personality Disorder

al Personality

(697)

l Personality Disorder

e Personality Disorder

: Personality Disorder

ic Personality

(714)

Personality Disorder

nt Personality

(721)

-Compulsive

ty Disorder (725)

ty Disorder NOS (729)

Disorders That May Be a Focus of Clinical Attention (731)**RELATIONAL FACTORS****RELATIONAL CONDITION**

Indicate Psychological Factor

... [Indicate the General

condition] (731)

... [Indicate the nature

of

disorder affecting

medical condition

psychological symptoms

affecting medical condition

Personality Traits or Coping
Style Affecting Medical
Condition

Maladaptive Health Behaviors
Affecting Medical Condition

Stress-Related Physiological
Response Affecting Medical
Condition

Other or Unspecified
Psychological Factors
Affecting Medical Condition

**MEDICATION-INDUCED
MOVEMENT DISORDERS (734)**

332.1 Neuroleptic-Induced
Parkinsonism (735)

333.92 Neuroleptic Malignant
Syndrome (735)

333.7 Neuroleptic-Induced Acute
Dystonia (735)

333.99 Neuroleptic-Induced Acute
Akathisia (735)

333.82 Neuroleptic-Induced Tardive
Dyskinesia (736)

333.1 Medication-Induced Postural
Tremor (736)

333.90 Medication-Induced Movement
Disorder NOS (736)

**OTHER MEDICATION-INDUCED
DISORDER (736)**

335.2 Adverse Effects of Medication
NOS (736)

RELATIONAL PROBLEMS (736)

61.9 Relational Problem Related to a
Mental Disorder or General
Medical Condition (737)

61.20 Parent-Child Relational
Problem (737)

61.10 Partner Relational Problem
(737)

61.8 Sibling Relational Problem (737)

62.81 Relational Problem NOS (737)

**PROBLEMS RELATED TO ABUSE OR
NEGLECT (738)**

V61.21 Physical Abuse of Child (738)
(code 995.54 if focus of attention is
on victim)

V61.21 Sexual Abuse of Child (738)
(code 995.53 if focus of attention is
on victim)

V61.21 Neglect of Child (738)
(code 995.52 if focus of attention is
on victim)

— Physical Abuse of Adult (738)

V61.12 (if by partner)

V62.83 (if by person other than partner)
(code 995.81 if focus of attention is
on victim)

— Sexual Abuse of Adult (738)

V61.12 (if by partner)

V62.83 (if by person other than partner)
(code 995.83 if focus of attention is
on victim)

**ADDITIONAL CONDITIONS THAT
MAY BE A FOCUS OF CLINICAL
ATTENTION (739)**

V15.81 Noncompliance With
Treatment (739)

V65.2 Malingering (739)

V71.01 Adult Antisocial Behavior (740)

V71.02 Child or Adolescent Antisocial
Behavior (740)

V62.89 Borderline Intellectual
Functioning (740)

Note: This is coded on Axis II.

780.93 Age-Related Cognitive Decline
(740)

V62.82 Bereavement (740)

V62.3 Academic Problem (741)

V62.2 Occupational Problem (741)

313.82 Identity Problem (741)

V62.89 Religious or Spiritual Problem
(741)

V62.4 Acculturation Problem (741)

V62.89 Phase of Life Problem (742)

Additional Codes (743)

- 300.9 Unspecified Mental Disorder (nonpsychotic) (743)
 V71.09 No Diagnosis or Condition on Axis I (743)
 799.9 Diagnosis or Condition Deferred on Axis I (743)
 V71.09 No Diagnosis on Axis II (743)
 799.9 Diagnosis Deferred on Axis II (743)

Multiaxial System

- Axis I Clinical Disorders
 Other Conditions That May Be a Focus of Clinical Attention
 Axis II Personality Disorders
 Mental Retardation
 Axis III General Medical Conditions
 Axis IV Psychosocial and Environmental Problems
 Axis V Global Assessment of Functioning

Multiaxial

the multiaxial system
 a different domain
 predict outcome. Then

- Axis I Clinic
 Other
 Axis II Perso
 Ment.
 Axis III Gene
 Axis IV Psych
 Axis V Glob

The use of the mul
 with attention to
 psychosocial and em
 looked if the foc
 provides a c
 information, for cap
 heterogeneity of ind
 social system pr
 functional, and res
 The rest of this sex
 or situations
 guidelines fo
 formal multiaxia

Clinical D
 Other Cor

is for reportir
 the Person
 The major
 Also reporte

an individu
 examples, se
 or the rea
 dual has b

ual beings and being
ucinations and delu-
s, or Brief Psychotic
ngruency, its briefer
other disorders.
nguished from those
h trance and posses-
at have entered their

The essential features are recurrent episodes of binge eating associated with subjective and behavioral indicators of impaired control over, and significant distress about, the binge eating and the absence of the regular use of inappropriate compensatory behaviors (such as self-induced vomiting, misuse of laxatives and other medications, fasting, and excessive exercise) that are characteristic of Bulimia Nervosa. The characteristics of a binge episode are discussed in the text for Bulimia Nervosa (p. 589). Indicators of impaired control include eating very rapidly, eating until feeling uncomfortably full, eating large amounts of food when not hungry, eating alone because of embarrassment over how much one is eating, and feeling disgust, guilt, or

depression after overeating. The marked distress required for the diagnosis includes unpleasant feelings during and after the binge episodes, as well as concerns about the long-term effect of the recurrent binge episodes on body weight and shape.

Binge episodes must occur, on average, at least 2 days a week for a period of at least 6 months. The duration of a binge-eating episode can vary greatly, and many individuals have difficulty separating binge eating into discrete episodes. However, they usually have little difficulty recalling whether or not binge eating occurred on a given day. Thus, it is suggested that the number of days on which binge eating occurs be counted, rather than the number of episodes of binge eating, as is done in making the diagnosis of Bulimia Nervosa. Future research should address this issue.

The symptoms do not occur exclusively during Anorexia Nervosa or Bulimia Nervosa. In addition, although some inappropriate compensatory behavior (e.g., purging, fasting, or excessive exercise) may occur occasionally, it is not regularly employed to counteract the effects of the binge eating. Research studies conducted to date have varied in how they have defined "regular use of inappropriate compensatory behaviors." Some studies have equated "regular" with the twice-a-week frequency criterion of Bulimia Nervosa and have considered individuals who engage in these behaviors less than twice a week (but as often as once a week) to be eligible for the diagnosis of binge-eating disorder. Other studies have excluded individuals who describe any use of inappropriate compensatory behaviors during the episode of illness. Future research should address this issue.

Associated Features and Disorders

Some individuals report that binge eating is triggered by dysphoric moods, such as depression and anxiety. Others are unable to identify specific precipitants but may report a nonspecific feeling of tension that is relieved by the binge eating. Some individuals describe a dissociative quality to the binge episodes (feeling "numb" or "spaced out"). Many individuals eat throughout the day with no planned mealtimes.

Individuals with this eating pattern seen in clinical settings have varying degrees of obesity. Most have a long history of repeated efforts to diet and feel desperate about their difficulty in controlling food intake. Some continue to make attempts to restrict calorie intake, whereas others have given up all efforts to diet because of repeated failures. In weight-control clinics, individuals with this eating pattern are, on average, more obese and have a history of more marked weight fluctuations than individuals without this pattern. In nonpatient community samples, most individuals with this eating pattern are overweight (although some have never been overweight).

Individuals with this eating pattern may report that their eating or weight interferes with their relationships with other people, with their work, and with their ability to feel good about themselves. In comparison with individuals of equal weight without this pattern of eating, they report higher rates of self-loathing, disgust about body size, depression, anxiety, somatic concern, and interpersonal sensitivity. There may be a higher lifetime prevalence of Major Depressive Disorder, Substance-Related Disorders, and Personality Disorders.

In samples drawn from weight-control programs, the overall prevalence varies from approximately 15% to 50% (with a mean of 30%), with females approximately 1.5 times more likely to have this eating pattern than males. In nonpatient community samples, a prevalence rate of 0.7%–4% has been reported. The onset of binge eating

Criteria Sets and Axes

typically is in late adolescence, and weight loss from dieting appears to be chronic.

Differential Diagnosis

In DSM-IV, individuals are diagnosed as having E

In contrast to Bulimia Nervosa, no such behavior is required. Binge eating is frequently seen in individuals who do not involve binge eating when the individual has a sense of impaired control. Many individuals with binge-eating episodes

Research criteria

A. Recurrent episodes of binge eating, both of the following:

- (1) eating, in a discrete period, an amount of food that is much larger than most individuals would eat in a similar period of time
- (2) a sense of loss of control over eating during the episode, or eating cannot stop

B. The binge-eating episodes are associated with at least one of the following:

- (1) eating much more rapidly than normal
- (2) eating until uncomfortably full
- (3) eating large amounts of food when not physically hungry
- (4) eating alone
- (5) feeling disgusted with oneself, depressed, or guilty

C. Marked distress

D. The binge-eating episodes are associated with at least one of the following:

Note: The mealtimes are irregular; future research should address a frequency threshold for counting the number of episodes.

E. The binge-eating episodes are associated with at least one of the following:

the diagnosis includes concerns about the body and shape.

work for a period of at least 1 month, and many inpatient episodes. However, binge eating occurred on at least 1 day during the episode of illness.

osa or Bulimia Nervosa (e.g., purging) regularly employed to date have compensatory behavior frequency criteria to engage in these behaviors to be eligible for the diagnosis. Individuals who do not have an episode of illness

or mood, such as irritability but may be eating. Some individuals feel "numb" or have planned mealtimes with varying degrees of distress and feel desperate to make attempts to diet because of eating pattern are, on average, more frequent than in the past, most individuals have been overweight). The eating or weight intervention and with their abilities of equal weight, feeling, disgust about the sensitivity. There is Substance-Related

prevalence varies among studies approximately 1% in the patient community and 1% in the general

typically is in late adolescence or in the early 20s, often coming soon after significant weight loss from dieting. Among individuals presenting for treatment, the course appears to be chronic.

Differential Diagnosis

In DSM-IV, individuals whose presentation meets these research criteria would be diagnosed as having Eating Disorder Not Otherwise Specified.

In contrast to Bulimia Nervosa, in which inappropriate compensatory mechanisms are employed to counteract the effects of the binges, in binge-eating disorder no such behavior is regularly employed to compensate for the binge eating. Overeating is frequently seen during episodes of Major Depressive Disorder but usually does not involve binge eating. This appendix diagnosis should be considered only when the individual reports that, during episodes of overeating, both the subjective sense of impaired control and three of the associated symptoms listed in Criterion B are present. Many individuals are distressed by episodes of overeating that are not binge-eating episodes.

Research criteria for binge-eating disorder

- A. Recurrent episodes of binge eating. An episode of binge eating is characterized by both of the following:
 - (1) eating, in a discrete period of time (e.g., within any 2-hour period), an amount of food that is definitely larger than most people would eat in a similar period of time under similar circumstances
 - (2) a sense of lack of control over eating during the episode (e.g., a feeling that one cannot stop eating or control what or how much one is eating)
- B. The binge-eating episodes are associated with three (or more) of the following:
 - (1) eating much more rapidly than normal
 - (2) eating until feeling uncomfortably full
 - (3) eating large amounts of food when not feeling physically hungry
 - (4) eating alone because of being embarrassed by how much one is eating
 - (5) feeling disgusted with oneself, depressed, or very guilty after overeating
- C. Marked distress regarding binge eating is present.
- D. The binge eating occurs, on average, at least 2 days a week for 6 months.

Note: The method of determining frequency differs from that used for Bulimia Nervosa; future research should address whether the preferred method of setting a frequency threshold is counting the number of days on which binges occur or counting the number of episodes of binge eating.

- E. The binge eating is not associated with the regular use of inappropriate compensatory behaviors (e.g., purging, fasting, excessive exercise) and does not occur exclusively during the course of Anorexia Nervosa or Bulimia Nervosa.